<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Workshop / Course</th>
<th>Venue</th>
<th>Fee</th>
<th>Further Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>September</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 25th Sept (7pm – 10pm)</td>
<td>Code of Ethics &amp; Best Practice in Sport Awareness Course</td>
<td>Mayo Education Centre Castlebar</td>
<td>€15</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>Fri 27th Sept (7pm – 10pm) &amp; Sat 28th Sept (9.30pm – 4.30pm)</td>
<td>Irish Sports Council Sports / Active Leadership Training</td>
<td>Aras Inis Gluaire Belmullet</td>
<td>€15</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td><strong>October</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dates TBC October (4pm-7pm)</td>
<td>Be Active After School Programme Workshops (Primary School Teachers Only)</td>
<td>TBC</td>
<td>N/A</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>Fri 11th Oct (7pm – 9.30pm) Sat 12th &amp; Sun 13th (10am -4pm)</td>
<td>Walking Leader Training Irish Heart Foundation Accredited</td>
<td>Aras Inis Gluaire Belmullet</td>
<td>€20</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>Oct 19th &amp; 20th (9:30am-4:30pm)</td>
<td>Occupational Sports First Aid (FETAC level5) (For Sports Volunteers Primarily)</td>
<td>Ballyheane Castlebar</td>
<td>€80</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>Oct 21st (7pm – 9.30pm)</td>
<td>Club Development Seminar Series “Social Media and Your Club”</td>
<td>Aras Inis Gluaire Belmullet</td>
<td>€10</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>Wed 23rd October (7pm – 10pm)</td>
<td>Code of Ethics &amp; Best Practice in Sport Awareness Course</td>
<td>Ballina Sports and Leisure Complex</td>
<td>€15</td>
<td><a href="http://www.mayosports.ie">www.mayosports.ie</a> <a href="mailto:msp@mayococo.ie">msp@mayococo.ie</a> (094) 904 7025</td>
</tr>
<tr>
<td>T.B.C. October (9.30am – 3pm)</td>
<td>Go for Life Physical Activity Leader Training</td>
<td>Belmullet</td>
<td>€10</td>
<td>Ray Mc Namara <a href="mailto:rmcnamara@mayococo.ie">rmcnamara@mayococo.ie</a> 094-9047023</td>
</tr>
<tr>
<td>November</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Tues 5th & 12th November (7:00pm-10:00pm) | **Childrens Officer in Sport Course**  
(you must have completed Code of Ethics Awareness course before participating in this course) | Mayo Education Centre Castlebar | €25 | [www.mayosports.ie](http://www.mayosports.ie)  
msp@mayococo.ie  
(094) 904 7025 |
| Thurs 7th November (7.30pm – 9.30pm) | **Club Development Seminar Series**  
**Free Energy Efficiency Workshop for Sports Clubs**  
“Helping Clubs to Reduce Costs” | Mayo Education Centre Castlebar | N/A | [www.mayosports.ie](http://www.mayosports.ie)  
msp@mayococo.ie  
(094) 904 7025 |
| Nov TBC (10am – 4.30pm) | **Disability Inclusion Training Workshop**  
“Accredited by Coaching Ireland” | T.B.C. | €35 | [www.caraapacentre.ie](http://www.caraapacentre.ie)  
(066) 714 5646 |
| Nov TBC (9:30am-4:30pm) | **Foundation Level Cycle Leader Training Course**  
(Cycling Ireland Accredited) | Aras Inis Gluaire Belmullet | €10 | [www.mayosports.ie](http://www.mayosports.ie)  
msp@mayococo.ie  
(094) 904 7025 |
| Thurs 14th Nov 8pm | **Drugs in Sport Seminar**  
“Part of Drug and Alcohol Awareness Week” | Castlebar | N/A | [www.mayosports.ie](http://www.mayosports.ie)  
msp@mayococo.ie  
(094) 904 7025 |
| Wed 20th Nov (7pm – 10pm) | **Code of Ethics & Best Practice in Sport Awareness Course** | Curam Centre Claremorris | €15 | [www.mayosports.ie](http://www.mayosports.ie)  
msp@mayococo.ie  
(094) 904 7025 |

Further information on courses and applications can be downloaded from our website [www.mayosports.ie](http://www.mayosports.ie), before posting application, please check with office to ensure places are left on your chosen course by email [msp@mayosports.ie](mailto:msp@mayosports.ie) or phone: **094 9047025**, Thank You.