

Mayo Sports Partnership



Comhpháirtíocht Spóirt Mhaigh Eo

An Irish Sports Council Initiative
Thionscnamh an Chomhairle Spóirt

Sports Inclusion Disability Officer Report 2010

Bord Forbartha Chontae Mhaigh Eo
Mayo County Development Board



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**THE
IRISH SPORTS
COUNCIL**



AN CHOMHAIRLE SPÓIRT

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Sports Inclusion Disability officer Review



I am delighted to present the Annual Report for 2010. The document is a summary of the events which included programmes, Disability awareness training, activities and Courses that have taken place throughout the year.

The Sports Inclusion Disability Officer (SIDO) programme is involved in a diverse range of activities that caters for people with physical, learning, sensory and psychological disabilities as well as trying to educate and get the message out to club members, staff and officials that everyone is equal and that we all have individual differences, but that we all want to participate in sport and physical activity regardless of those differences.

2009 was a great start to the SIDO programme and as you will see in this report we have built on that success and carried it forward throughout 2010.

I would like to take this opportunity to thank all participants, volunteers and all that have helped to the programme grow and prosper and become a valuable resource for people with a disability in getting involved in sport and physical activity.

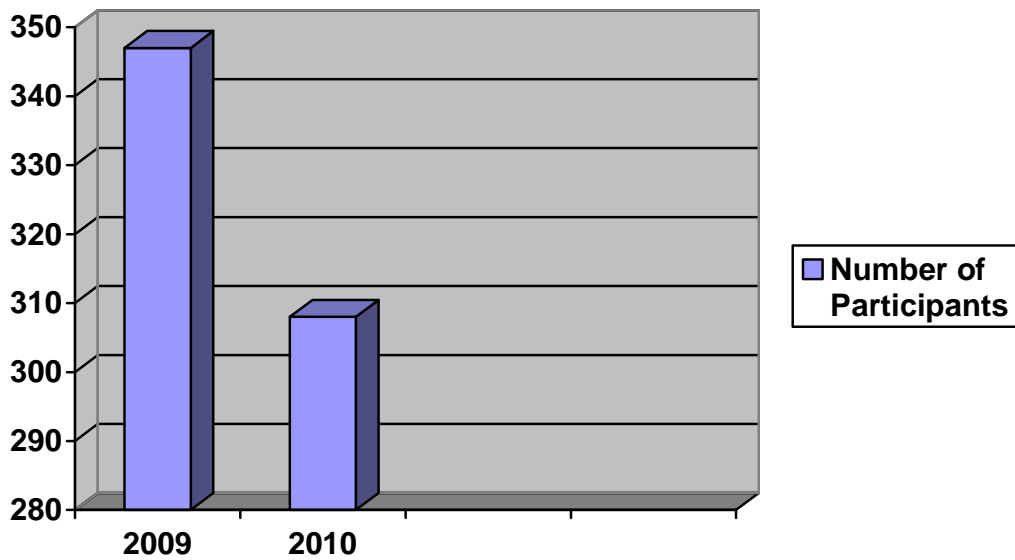
Here's looking forward to an ever better 2011

Ray Mc Namara
Sports Inclusion Disability Officer

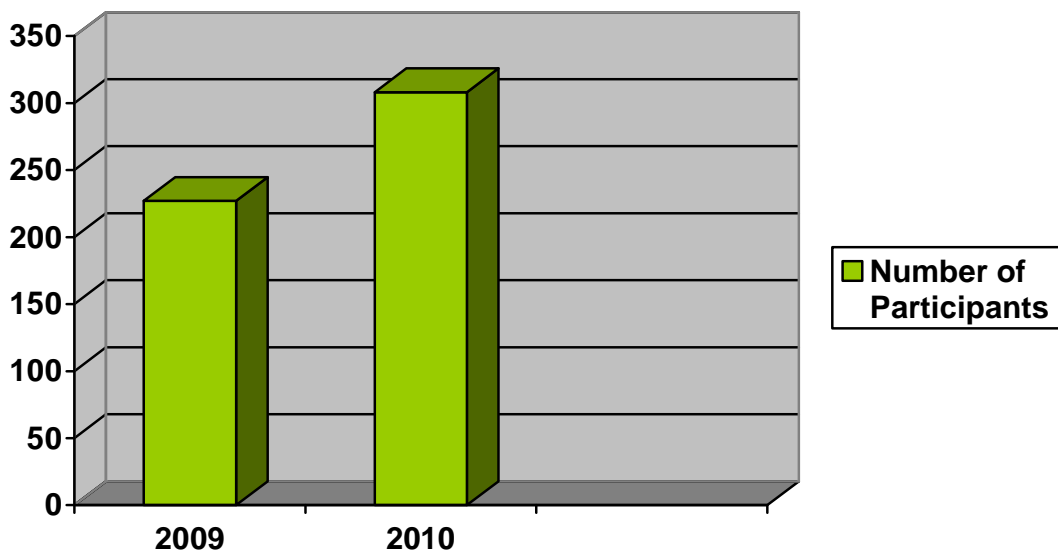
Number of Participants and Trends

Sessions	Number of Participants
St Antony's Special School Activity Day	25
Pitch and Putt	12
Soccer with Rehab Care	18
Tag Rugby With National Learning Network	16
Soccer for All	16
Tennis Lessons	8
Yoga	8
County Boccia League	30
Swimming	12
Gym	20
Children's Saturday Club	12
Soccer Blitz's	60
Outdoor Activity Day	55
Childrens Inclusive Gymnastics	75 (10 Children with a disability)
Table Tennis Open day (Physical)	5
Summer Camp for Children with a disability	11
Total	308

Number of participants including taster days



Number of participants excluding taster days



Programmes

Rehab win first in - firms Mayo Soccer game

Rehab Castlebar	4	Westport Utd Western Care	1
Sean Sammon 3 & 5		Mary Henry 25	

Raymond Costello 10

Gerard Mc Greal 56

A large crowd turned out to watch the first ever in – firms game between Rehab Castlebar and Westport Utd Western Care and they were not disappointed. The game took place on Tuesday 5th October on Castlebar Celtic new astro turf pitch. After a tense start the game burst to life when Sean Sammon ran on to a loose ball and fired a shot into the back of the Westport net. Westport was still getting to grips with loosing a goal when Sammon struck again. A lovely move between Martin Murray and Raymond Costello put Sammon one on one with the Westport Keeper which he coolly slotted away. It was 3 -0 after 15 minutes when Raymond Costello broke from midfield and finished to the back of the net with the aid of the post. Westport then started to come in to the game and were awarded a dubious penalty by referee Pat Foley (who has been watching two many champions league matches). Mary Henry stepped forward and sent keeper Raymond Connolly the wrong way which left a half time score 3 -1 to Rehab.



Rehab looked comfortable in the second half and should have added to their tally with Sammon, Gerard Mc Greal and Paul Kavanagh all going close. Rehab almost paid for not taking those chances when Westport missed chances of their own and were awarded a second penalty again for hand ball in the 55 minute. Paddy Mulroys shot was brilliantly saved by keeper Raymond Connolly, and from the clearance Gerard Mc Greal went clear and his shot left the stranded Westport

keeper with no chance as he lifted the ball over the approaching keepers head and made the final score 4 – 1. Gerr Deere Mayor of Castlebar Town Council presented the perpetual cup to rehab Captain Raymond Costello to a rapturous applause.



Teams: Castlebar Rehab: R. Connolly, P. Mc Ellin, G. Mc Greal, R. Costello, M. Murray, M. Loftus, K. Joyce, M. English, S. Sammon, P. Diskin, N. Keane, D. Loftus, D. Ginly, P. Kaanagh and J. Corcoran Westport Utd western Care: M. Henry, M. Roache, M. Mc Donagh, P. Mulroy, S. Burke, U. Kearns, B. Keane, B. Faherty, D. Gannon, F. Reilly and J. Stack. The game was organised by Ray Mc Namara Sports inclusion Disability Officer (SIDO) from mayo Sports Partnership with the Help of Jarlath Cunningham from Carrowbeg Enterprises Western Care Westport and James Durkin and Melessa Walsh from Rehab Care. Thanks to Castlebar Celtic, Westport Utd, Castlebar Order of Malta, Western Care, Rehab Care and all who turned up on the day to support the two teams.



County Boccia League

Round up of the County Boccia League

Irish Wheelchair Accosiation (IWA) A Team win County Boccia Tournament

The County Boccia tournament continued in Breefy Gaa club house from 12noon - 3pm on wednesday the 5th March 2010



Charlestown A and Irish Wheelchair Accosiation (IWA) A team contested a very competitive final. Charlestown A came in to the competition as champions of the last competition held on the 3rd February 2010 and were keen to hold on to their title. after the first two ends Charlestown A lead 4-0 but IWA A won the next three ends and lead the match 11-4 heading in to the last two ends, Charlestown took the last two ends but it was the IWA A team the triumphed on the day with an 11 - 6 victory to rain as champions until the next competition in May.



Belmullet B win September Round of County Boccia League

The September round of the county Boccia league took place in Belmullet Sports Complex on Monday 20th September. 8 teams participated on the day. IWA had a big representation on the day with seven of the teams from all over the county representing Castlebar, Westport, Claremorris, Ballina and Belmullet. As the day progressed through the group stages IWA were well placed Belmullet B and IWA 2 in the semi finals against Charlestown. Charlestown were looking to regain their title that they had lost to Belmullet A in April, and reached the final where they were defeated by Belmullet B who had looked very strong all through the day and won a close final by 6 - 5.



Achill Outdoor adventure Day a Huge Success

The first Outdoor Adventure Day for people with a disability organised by Mayo Sports Partnerships Disability Officer Ray Mc Namara took place on the 21st April 2010 in Achill. The day started off wonderfully as the 61 participants descended on the Achill Outdoor Education Centre the Achill sunshine brightened up the already excited faces of the participants. There they were greeted by staff of the Centre and students of GMIT. Participants had then a choice of activities to choose from Surfing, Sailing, Open Boating, Kayaking and Hill walking.



The groups with their leaders and helpers went in different directions to take part in activities of their choice. Participants then came together for lunch and could choose from Archery, Climbing Wall, Environmental Beech Combing and Hill Walking for the afternoon. Participants with disabilities such as physical, learning, visually impaired all took part and had a great day.



Special thanks to PWDI for their support in funding the event. Tim Daly and staff of the Achill Outdoor Centre and to Kevin O Callaghan and all the Students of GMIT who helped out on the day. GMIT added a disability module to its course where students completed disability awareness training, training on how to deal with people with a disability in an outdoor setting. They also had to help organise the Outdoor Adventure Day and helping people take part in the activities on offer.

Inclusive Summer Camp for Children with a disability and their friends

The 2010 Summer Camp was held in De la Salle Sports Hall from 19th - 23rd July. a great week was had by all that attended the Camp as they got to participate in Sports and Activities which included Basketball, Soccer, Balloon Volleyball, Cúlí, Crazy golf, Tennis, Badminton, Tab Rugby, Rounder's and fun Games.



The week consisted of different Sports and activities every day which provided Children with a variety of tasks and challenges throughout the week. Children completed tasks and learned new skills which improve Balance, Coordination, Concentration, Social skills and fitness. Children are encouraged to take what they have learned during the course of the week and participate in these activities at home in their own community.



A great week was had by all and energy levels were extremely high with everyone joining in the fun games that were played during the week.

Disability Awareness Training

St Louis Secondary School Kiltimagh Disability Awareness Programme

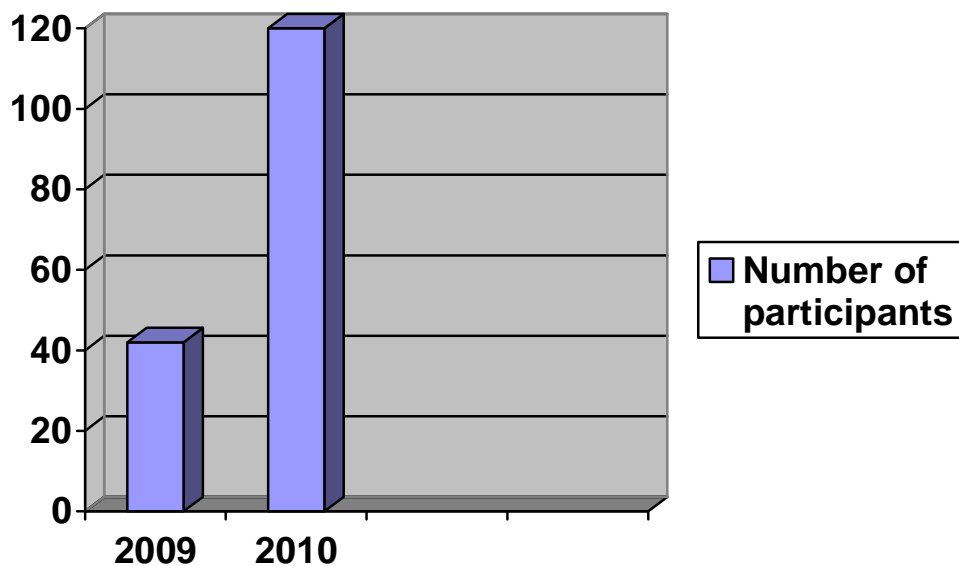
42 Transition year Students from St Louis Secondary School in Kiltimagh took part in a Disability Awareness Programme delivered by Sports Inclusion Disability Officer Ray Mc Namara. The Programme is aimed at creating awareness amongst students about disability and giving them the confidence to volunteer to include people with a disability in their local clubs. One such club is the local Basketball club that plans to have one evening every second week that included people with a disability.



The training consisted of two lessons about being more inclusive, getting over our fear factor, and understanding disability and practical lessons where athletes with a disability came in to the school and took part in some basketball activity where students got the chance to help assist athletes in developing their skills and getting involved in some inclusive activities.

Disability awareness Training

Name of Organisation/Location	Number of Participants
St Louis Kiltimagh Secondary School Transition year	42
GMIT Castlebar	22
Ballyheane Community Centre	38
Belmullet	14
Breaffy Kingfisher fitness Club	4
Total	120



Disability helpers Award



Disability Helpers course took place on the 5th March 2010 in Ballina Swimming Pool and Sports Complex. 22 participants attended the course and are now certified by Swim Ireland to assist people with a disability in the water. Many of the participants will now go forward to complete their disability assistant swim teacher's qualification which takes place in April and again in May.

Impacts

There were many impacts of the SIDO programme in 2010 these included:

- The first infirm soccer game between Rehab Care Castlebar and Western Care Westport United which has led to soccer Blitz being held every six weeks with teams coming from as far as Sligo and Galway to participate.
- Westport United has now got a disability section to their club in the form of Carrowbeg Enterprises Western Care. The club has supplied coaches, training facilities, sports gear and embraced this opportunity to make their club more inclusive.
- Bulmullet Boxing Club have also made their club more inclusive with members with a learning disability now in their club. The club did some disability awareness training to help club members and coaches make their club more inclusive.

Promotion

- Promotion of the SIDO programme is carried out through many different media outlets,
- Social network Site Facebook
- Mayo Sports Partnership web site – We have our own Section called ‘Sport and Disability’
- Local notes in local news papers –
- Mayo Sports Partnership newsletter – 2 page spread twice a year in the newsletter
- Partnering organisations – promoting our entire programme to all organisations we are involved with.
- Word of Mouth – Tell people about the programme that are available asking people to come a long and try some of the activities, and to spread the good word of the SIDO programme.

Looking forward

2011 will bring big challenges for the SIDO Programme with less funding available and the current economic climate it will be important to keep participation levels high and offer a wide range of programme and events throughout the year.

It will be important to sustain the good work that has been done in the first two and a half years and ensure that participants are given plenty of opportunities to stay involved and spread the good word about the programme.

Training and education will be very important in the coming year to cement that everyone is the same and that we all have individual differences.

This will help keep our overall vision

'...is of county where people with a disability are able to be involved in all aspects of sport development and their potential to partake in sport at all levels recognized, respected and nurtured'.

Special Thanks

- Charlie Lambert – coordinator Mayo sports Partnership
- Community and Integrated Development - Mayo County Council
- Mayo Adapted Sport and Recreation Forum group
- Niamh Daffy and the CARA Physical Activity Centre
- Irish Sports Council
- All volunteers and friends of Mayo Sports Partnership